



# Angus Carers Centre

## Young people who care

**Angus Young Carers' Newsletter** - Winter 2018/2019

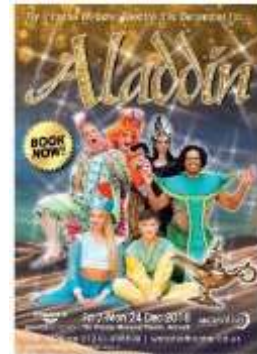
### Our Christmas Night Out at the Pantomime - 'Aladdin'

This year, thanks to a very kind donation from Monifieth Rotary, we are off to see 'Aladdin' at the Webster Theatre in Arbroath.

We will be going on **Friday 14 December 2018**, with the curtain going up at 7pm.

If you would like to come along please book your space by returning your Reply Slip ASAP.

We hope to see you there!



### Pizza and Movie Night - Friday 20 January 2019

To help brighten up the dark nights this Winter, we will be having a pizza and movie night.

This event will be held at Angus Carers Centre on **Friday 20 January 2019**, from 6:30pm to 9pm.



If you would like to come along, please send in your Reply Slip and a movie suggestion.

### Becca and Alannah Report on the Carers' Parliament

Our young carers, Becca and Alannah, travelled with a Media Team to Edinburgh to help out at the Carers' Parliament, which took place at the Royal Botanical Gardens on Wednesday 24 October 2018. They took videos of the debate and talks from representatives, and did interviews with other carers. They also did a presentation about the Scottish Young Carers' Festival (SYCF). So as well as being a chance to help publicise the work of carers, the day also gave them hands-on experience of working in a busy media environment. Becca (middle of photo) and Alannah (far right) are pictured in the second photo below.



## Winter Dates in 2019 for the YC Activity Groups

Our activity groups are back up-and-running. Please remember that these are drop-in groups, so feel free to come along. If you need transport, please send back your Reply Slip. The Winter 2019 dates for both groups are listed below.

### Arbroath groups

If you are aged 8 to 11, then come along on a Tuesday night to the lounge in our Centre in Arbroath. The group starts at 6pm and finishes at 7:30pm.

### Forfar groups

If you are aged 12 to 15, please come along on a Wednesday to Forfar Community Campus. The group starts at 6pm and finishes at 7:30pm.

We do lots of different activities at our groups from playing pool (and table football) to arts and crafts, and baking to painting. Hope to you see there!

#### Angus Carers Centre in Arbroath

- Tuesday 15 January 2019
- Tuesday 29 January 2019
- Tuesday 12 February 2019
- Tuesday 26 February 2019
- Tuesday 12 March 2019
- Tuesday 26 March 2019

#### The Forfar Community Campus

- Wednesday 23 January 2019
- Wednesday 6 February 2019
- Wednesday 20 February 2019
- Wednesday 6 March 2019
- Wednesday 20 March 2019
- Wednesday 3 April 2019

## Recent Donations to the Young Carers' Service

Once again, the very generous people of Angus have been sending in their donations to Angus Young Carers. We kindly received £300 from Monifieth Rotary Club, which is paying for our Christmas Night out at the pantomime.



We also received £150 from brave Lottie Ford, who completed the 'Highland Fling Bungee Jump' at Killiecrankie in Perthshire. Well done, Lottie, and thanks ever so much for your very hard-earned donation!



We received a very generous donation from Dr. Betty Cohen who, at the age of 86, published her first novel called *The Mills of God*. The sale of the book has raised £500 and Dr. Cohen split these profits between Angus Care & Repair and the Angus Young Carers' Service.



Sadly, since the donation was made to us on Monday 29 October 2018, we have since learnt that Dr. Cohen passed away on Saturday 3 November 2018. Our condolences to her family.

If you have any ideas on what we could do to spend all this money, as well as the other generous and kind donations that we have received, please write your suggestion/s on the Reply Slip.

Pictured left to right are Alison Myles, CEO at Angus Carers; Dr. Betty Cohen; Judith Leslie, Manager of Angus Care and Repair.



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