



Angus Carers Centre

Young people who care

Angus Young Carers' Newsletter - Winter 2019

The Young Carer Grant is Now Available

This is a new, yearly cash payment of £300 for 16-18 year olds only. Young carers can spend the money as they choose.

Young carers can claim the grant if they are at school or in further education. Employed or unemployed young people may also be eligible, if they meet the criteria set out by the Scottish Government.

The aim of the grant is to help young people improve their quality of life and to take part in opportunities that are the norm for other young adults.

We have sent out letters to all those who are entitled to receive the grant and we urge you to get in touch!



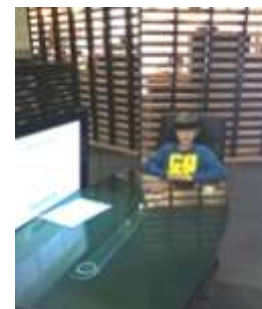
Round-Up of the Autumn Activities

We have had a fun-packed, busy time since our last newsletter. In early Autumn, we published an 'Extra! Extra!' bulletin with a range of exciting activities for the October fortnight holiday.

Visit to the Dundee Science Centre

To start the 'tattie holidays' the young carers went to Dundee Science Centre. They got the opportunity to become a detective for the day at a CSI party. But, their party bags got stolen!! They had to find evidence and solve this despicable crime. They had to search for clues, get their hands dirty and take finger and footprints which helped solve the mystery.

They also got the chance to explore the Science Centre and discover lots of weird and wonderful things!



Our movie and sleepover night

The young carers attended a movie and sleepover night at Angus Carers Centre. All the young people had their own personalised tents, which were hired from The Little Tents Company in Dundee. The tents were absolutely fab and helped to make this event all the more magical for the young people!

We watched the new 'Dumbo' Movie, drew pictures, played games, chilled out and ate snacks. All the young carers who attended had a great time and really enjoyed this experience - and we hope to do this activity again in the future.



Mystery Trip!

In mid-October, we organised a mystery trip to...BLAIR DRUMMOND SAFARI PARK!

Young carers attended a day trip to the Safari Park and they had a GRRRRRRREAT day! We hired a mini-bus and drove through the animal enclosures, which included lions, deer, camels and cheeky moneys who jumped all over our mini-bus! We then had a lovely lunch at the canteen. After lunch, we went exploring and visited lots of animals, which included a boat trip to 'Chimp Island' and a trail through 'Lemur Land'. Afterwards, young carers spent some time at the park where they enjoyed the equipment and played hide and seek.



We finished the day off with a trip to the Scare Tomb, which only some of the young people dared to visit! This was a Halloween-themed tomb and involved lots of scary things jumping out at them, which some liked and some not very much!! A brief gallery of photos from this trip is included below (and further photos are available in the 'Gallery' section on the website at www.angusyOUNGcarers.org.uk).



Wobstacle Party

To end our October activities we attended a Wobstacle Party at Kirriemuir Leisure Centre. We had an hour in the pool with the inflatable obstacle course all to ourselves. The young carers developed great teamwork skills in helping each other complete the course and reach the end. Teamwork aside, they also had great fun just splashing and messing about in the water.

After the swimming, the young people feasted on some lunch as they needed to restore their energy - another fun activity which was enjoyed by all.



Hello From Gillian

Hello! My name is Gillian.

I'm excited to become part of Young Carers Team as the new coordinator. It is important for me that young people have a voice and that you are heard.

One of the very first things I did when I came into this post was to read the Angus Young Carers' Newsletter - Autumn 2019, and I am looking forward to getting involved in all of the fun and educational activities that mentioned in our quarterly newsletters. There are exciting times ahead for Angus Young Carers.



I'm looking forward to meeting everybody.

Clothing Swap - Bring an Item, Swap for Another

Initiatives like Radio Tay's Cash for Coats and Winter Warmer appeals are being overwhelmed with applications to give children and young people access to suitable winter clothing. There is an opportunity for our community to come together and try something a bit different.

We want your donations of clothing any age, any size in good, wearable condition that you would like to go to a new home. With Christmas coming up no doubt there will be a few 'wardrobe clear-outs' happening in the New Year.

We want to trial our own clothes swap with collections from across Angus, as a swap or for a small donation, to others in need. Monetary donations will be put back into activities for carers. If there is enough interest, and a suitable amount of clothing donations are received between now and January, a date will be confirmed in our first newsletter of 2020. Please indicate on your Reply Slip if you want to know more about this project.

If you would like to make a donation of clothing, bags or accessories this can be done either by dropping them in to Angus Carers Centre, or if you require someone to collect items, please contact us on 01241 439157 and a pick-up can be arranged.



Christmas Events

We would like to thank everyone who responded to the Christmas events that were published in our 'Extra! Extra! 'Bulletin. We have received a large amount of interest. Due to high numbers we are unable to offer all young carers the opportunity to attend everything. Successful young carers will be notified shortly by letter and we will aim to do this fairly.

| Date | Event and Venue |
|------------------|---|
| Sat 30 November | Christmas Fayre at Angus Carers Centre, 2pm to 3.45pm. All welcome! |
| Fri 6 December | Pantomime time for 8-11 year olds - the Webster Theatre, Arbroath. |
| Wed 11 December | Christmas Meal for 12-15 year olds - The Stables, Brechin. |
| Tues 17 December | Party Night for 8-11 year olds - Angus Carers Centre, Arbroath. |
| Fri 20 December | Pantomime time for 12-15 year olds - the Webster Theatre, Arbroath. |

Group Dates for Late 2019 and Early 2020

Arbroath group dates for late 2019

Young carers aged 8-11, Angus Carers Centre in Arbroath (6pm to 7.30pm)

- Tuesday 19 November | Tuesday 3 December

Forfar group dates for late 2019

Young carers aged 12-15, Forfar Community Campus (6pm to 7.30pm)

- Wednesday 27 November | Wednesday 11 December

Group dates for the Spring 2020 Term

Angus Carers Centre in Arbroath, Young carers aged 8-11 (6pm-7.30pm)

- Tuesday 14 January 2020
- Tuesday 28 January 2020
- Tuesday 11 February 2020
- Tuesday 25 February 2020
- Tuesday 10 March 2020
- Tuesday 24 March 2020

The Forfar Community Campus, Young carers aged 12-15 (6pm-7.30pm)

- Wednesday 8 January 2020
- Wednesday 22 January 2020
- Wednesday 5 February 2020
- Wednesday 19 February 2020
- Wednesday 4 March 2020
- Wednesday 18 March 2020
- Wednesday 1 April 2020

Thank you

A BIG thank you to all the Drivers/Volunteers. Without their commitment, the groups and activities could not take place.



Angus Carers Centre
Ground Floor
8 Grant Road
Arbroath
DD11 1JN

Tel: 01241 439157
E-mail: enquires@anguscarers.org.uk
Web: www.angusyouthcarers.org.uk
Twitter: @AngusYoungCarer
Facebook: facebook.com/AngusYoungCarers

